

1 **Blue light rescues mice from potentially fatal *Pseudomonas***  
2 ***aeruginosa* burn infection: efficacy, safety, and mechanism of action**

3 Short title: Blue light for lethal burn infections in mice.

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27 **Abstract**

28

29 Blue light has attracted increasing attention due to its intrinsic antimicrobial effect without the  
30 addition of exogenous photosensitizers. However, the use of blue light for wound infections has  
31 not been established yet. In this study, we demonstrated the efficacy of blue light at 415 nm for  
32 treatment of acute, potentially lethal *Pseudomonas aeruginosa* burn infections in mice. *In vitro*  
33 studies demonstrated that the inactivation rate of *P. aeruginosa* cells by blue light was  
34 approximately 35-fold faster than that of keratinocytes ( $P=0.0014$ ). Transmission electron  
35 microscopy revealed blue light mediated intracellular damage to *P. aeruginosa* cells.  
36 Fluorescence spectroscopy suggested that coproporphyrin III or/and uroporphyrin III are  
37 possibly the intracellular photosensitive chromophores associated with the blue light  
38 inactivation of *P. aeruginosa*. *In vivo* studies using an *in vivo* bioluminescence imaging  
39 technique and the area-under-the-bioluminescence-time-curve (AUBC) analysis showed that a  
40 single exposure of blue light at  $55.8 \text{ J/cm}^2$ , applied 30 min after bacterial inoculation to the  
41 infected mouse burns, reduced the AUBC by an approximately 100-fold in comparison with  
42 untreated and infected mouse burns ( $P<0.0001$ ). Histological analysis and TUNEL assay  
43 indicated no significant damages in the mouse skin exposed to blue light at the effective  
44 antimicrobial dose. Survival analysis revealed that blue light increased the survival rate of  
45 infected mice from 18.2% to 100% ( $P<0.0001$ ). In conclusion, blue light therapy may offer an  
46 effective and safe alternative to conventional antimicrobial therapy for *P. aeruginosa* burn  
47 infections.

48

49

## 50 Introduction

51 Burns are one of the most common and devastating forms of trauma (4, 34, 38, 46). Data from  
52 the National Center for Injury Prevention and Control in the United States show that  
53 approximately 2 million fires are reported each year which result in 1.2 million people with  
54 burn injuries. Significant thermal injuries induce a state of immunosuppression that predisposes  
55 burn patients to infectious complications (4). Burn wound infections are one of the most  
56 important and potentially serious complications that occur in the acute period following injury  
57 (33, 34, 38). Over the last several decades, Gram-negative organisms have emerged as the most  
58 common etiologic agents of invasive infection by virtue of their large repertoire of virulence  
59 factors and antimicrobial resistance traits (1, 4). Among Gram-negative organisms,  
60 *Pseudomonas aeruginosa* is one of the more feared bacterial pathogens because it is often  
61 resistant to current therapeutic modalities (33). Emerging antimicrobial resistance trends in  
62 burn wound bacterial pathogens represent a serious therapeutic challenge for clinicians caring  
63 for burn patients (4). As a result, a major research effort has been led to find alternative  
64 antimicrobial approaches to which, it is hypothesized, bacteria will not be easily able to develop  
65 resistance. In a recent paper published in *Nature Reviews Microbiology*, Dr. Karen Bush and a  
66 group of 30 scientists from academia and industry pointed out that, "*The investigation of novel*  
67 *non-antibiotic approaches for the prevention of and protection against infectious diseases*  
68 *should be encouraged, and such approaches must be high-priority research and development*  
69 *projects.*"(3)

70

71 As a non-antibiotic approach, the development of light-based antimicrobial therapy, including  
72 photodynamic therapy (PDT) (5, 8, 10, 12, 21, 25) and ultraviolet C (UVC) irradiation therapy (6,  
73 9, 11, 13, 42, 43), have both been extensively investigated as alternatives to conventional  
74 antibiotics. Advantages of light-based antimicrobial therapies include equal killing effectiveness  
75 regardless of antibiotic resistance. However, one major disadvantage of PDT as a two-part  
76 (photosensitizer + light) combination approach is the challenge of introducing photosensitizers  
77 into certain bacteria (44) and into infected tissues and less than perfect selectivity of many  
78 photosensitizers for microbial cells over host tissue. The use of UVC irradiation, on the other  
79 hand, has different limitations due to its detrimental effects on mammalian cells and possible  
80 damage to host tissue including carcinogenesis (13).

81

82 Another novel light-based approach, termed blue light therapy, is attracting increasing  
83 attention due to its intrinsic antimicrobial effect without the addition of exogenous  
84 photosensitizers (7, 16, 17, 29, 31). In addition, it is accepted that blue light is much less  
85 detrimental to mammalian cells than ultraviolet irradiation (26, 27). Blue light has already been  
86 used clinically for treatment of inflammatory acne (15, 24, 32, 47). However, the use of blue  
87 light for wound infections has not been established. The majority of the publications on the  
88 antimicrobial effect of blue light have been confined to *in vitro* studies (16, 17, 20, 28, 29).  
89 There have been (rather surprisingly) no published preclinical or clinical reports to demonstrate  
90 blue light therapy for wound infections.

91

92 In this study, we investigated the use of blue light for mouse burns infected with *Pseudomonas*  
93 *aeruginosa*. To best of our knowledge, this study is the first *in vivo* study on the use of blue light  
94 for wound infections.

95 **Materials and methods**

96 **Light source**

97 The light source we used was a Omnilux clear-U™ light emitting diode (LED) array (Photo  
98 Therapeutics, Inc., Carlsbad, CA) that emitted blue light at a center wavelength of 415 nm with  
99 a full width at half maximum (FWHM) of 20 nm (Fig. 1). The irradiance of blue light on the  
100 target surface was adjusted by manipulating the distance between the LED array aperture and  
101 the target (cell culture or mouse burns), and was measured using a PM100D power/energy  
102 meter (Thorlabs, Inc., Newton, NJ).

103

104 ***Pseudomonas aeruginosa* strain and culture conditions**

105 The *P. aeruginosa* strain that we used was ATCC 19660 (strain 180), which causes septicemia  
106 after intraperitoneal injection (37) and which has been shown to be invasive in mice with skin  
107 burns (30). The stable bioluminescent variant of the strain (strain Xen 05) carried the entire  
108 bacterial lux operon integrated in their chromosomes for stable luciferase expression, which  
109 allowed it to be used for bioluminescent imaging (strain Xen 05 was a kind donation from  
110 Xenogen Inc, Alameda, CA) (36).

111 The bacteria were grown in brain heart infusion (BHI) medium supplemented with 50  
112 µg/mL kanamycin in an orbital incubator (37°C; 100 rpm) to an optical density of 0.6 to 0.8 at  
113 600 nm, which corresponds to approximately 10<sup>8</sup> cells/mL. The suspension was centrifuged,

114 washed with phosphate-buffered saline (PBS), and resuspended in PBS at the same density for  
115 experimental use.

116

#### 117 **Keratinocytes and culture conditions**

118 The human keratinocyte cell line (HaCaT) (2) were cultured in 75-cm<sup>3</sup> tissue culture flasks in 20  
119 mL Dulbecco's modified Eagle's medium supplemented with 10% heat-inactivated fetal bovine  
120 serum, penicillin (100 units/mL) and streptomycin (100 µg/mL) (Sigma, St. Louis, MO). Cells  
121 were incubated at 37 °C, 95% air, 5% CO<sub>2</sub> in a humidified incubator for 2–3 days until the cell  
122 monolayer became confluent. Growth medium was replaced every 3 days. Upon reaching at  
123 least 70% confluence, the cells were washed with PBS and trypsinized for 10 min at 37 °C with  
124 0.25% trypsin, 0.02% ethylenediamine tetraacetic acid (Sigma). The cell suspension was  
125 centrifuged, washed with PBS, and resuspended in HEPES buffer (catalog # A14291 DJ, Life  
126 Technologies Corp., Grand Island, NY) to a defined cell density (measured by hemocytometer)  
127 for experimental use.

128

#### 129 **Blue light inactivation of *P. aeruginosa* in vitro**

130 Three (3) mL *P. aeruginosa* suspension at 10<sup>8</sup> CFU/mL in PBS was placed into 35-mm petri  
131 dishes. The suspension was irradiated with blue light LED array at an irradiance of 19.5 mW/cm<sup>2</sup>  
132 with the lid of the petri dish removed. During the irradiation, the *P. aeruginosa* suspension was  
133 stirred by a mini-magnetic bar (Fisher Scientific Co., Norcross, GA). Aliquots of 40 µL of the

134 suspension were withdrawn at 0, 12, 24, 48, 72, and 96 min, respectively, when 0, 14.0, 28.0,  
135 56.1, 84.2, and 109.9 J/cm<sup>2</sup> blue light had been delivered. Colony forming units (CFU) were then  
136 determined by serial dilution on BHI agar plates by the method of Jett et al (23). Colonies were  
137 allowed to grow for 18-24 h at 37 °C. Experiments were performed in triplicate.

138

### 139 **Blue light irradiation of keratinocytes in vitro**

140 Three (3) mL keratinocyte suspension at 10<sup>6</sup> cell/mL in HEPES buffer was placed into 35-mm  
141 petri dishes at room temperature (21 °C). The suspension was irradiated with the blue light LED  
142 array at an irradiance of 19.5 mW/cm<sup>2</sup> with the lid of the petri dish removed. During the  
143 irradiation, the keratinocytes suspension was stirred by a mini-magnetic bar. Aliquots of 40 µL  
144 of the suspension were withdrawn at 0, 12, 24, 48, 72, and 96 min, respectively, when 0, 14.0,  
145 28.0, 56.1, 84.2, and 109.9 J/cm<sup>2</sup> blue light had been delivered. Viable counts were determined  
146 immediately by mixing each sample with an equal volume of 0.4% (w/v) trypan blue and the  
147 mixture transferred to a haemocytometer. The cell survival percentage was calculated as the  
148 ratio of the number of viable cells (unstained cells) to the total number of cells. The  
149 experiments were performed in triplicate.

150

### 151 **Transmission electron microscopy**

152 Untreated and blue light treated *P. aeruginosa* cells were fixed in 2.5% glutaraldehyde + 2%  
153 paraformaldehyde immediately after blue light illumination and stored overnight at 4 °C. After

154 spinning down (1200 rpm, 10 min) and decanting the fixative, 0.1 M sodium cacodylate buffer  
155 (pH 7.2) was added to the pellets. After fixation, hot agar (2% in distilled water, heated to  
156 boiling) was immediately added to each pellet. Once the agar had hardly solidized, the cell  
157 pellets were then processed routinely, as any other tissue, for transmission electron  
158 microscope (TEM). The cell pellets were postfixed in 2% OsO<sub>4</sub> in sodium cacodylate buffer,  
159 dehydrated in a graded alcohol series, and embedded in Epon t812 (Tousimis, Rockville, MD).  
160 Ultrathin sections were cut on a Reichert-Jung Ultracut E microtome (Vienna, Austria), collected  
161 on uncoated 200 mesh copper grids, stained with uranyl acetate and lead citrate, and examined  
162 on a Philips CM-10 transmission electron microscope (Eindhoven, The Netherlands).

163

#### 164 **Fluorescence spectroscopy**

165 To identify the porphyrins within *P. aeruginosa* cells, an overnight *P. aeruginosa* culture was  
166 centrifuged, washed with PBS, centrifuged again, and the supernatant removed. The *P.*  
167 *aeruginosa* pellets were added to 1 mL of a mixture of 0.1 M NaOH/1% sodium dodecyl sulfate  
168 (SDS) and allowed to stand in the dark for 1 day. Fluorescence of the dissolved *P. aeruginosa*  
169 pellets in NaOH/SDS (in a cuvette 1 cm thick) was measured on a fluorimeter (Fluoromax 3,  
170 SPEX Industries, Edison, NJ), with excitation at 405 nm and emission scanned from 580 to 700  
171 nm.

172

#### 173 ***P. aeruginosa* burn infection in mice**

174 Adult female BALB/c mice, 7–8 week old and weighing 17–21 g, were obtained from Charles  
175 River Laboratories (Wilmington, MA). The animals were housed one per cage with access to  
176 food and water ad libitum, and were maintained on a 12-hour light/dark cycle under a room  
177 temperature of around 21 °C and a relative humidity range of 30-70%. All animal procedures  
178 were approved by the Subcommittee on Research Animal Care (IACUC) of the Massachusetts  
179 General Hospital and were in accordance with the guidelines of the National Institutes of Health  
180 (NIH).

181 Before the creation of burns, the mice were anesthetized by intraperitoneal (I.P.) injection of  
182 a ketamine-xylazine cocktail, shaved on the dorsal surfaces. Burns were incurred by applying a  
183 pre-heated ( $\approx 95^{\circ}\text{C}$ ) brass block to the dorsal surface of each mouse for 3 sec, resulting in  
184 nonlethal, full-thickness, third-degree burns measuring approximately 1.2-cm  $\times$  1.2-cm. Five  
185 min after burn incurrence, 60- $\mu\text{L}$  bacterial suspension containing  $3 \times 10^6$  CFU was topically  
186 applied on to the eschar of each burn.

187

### 188 **Bioluminescence imaging**

189 The setup consists of an ICCD camera (Model C2400-30H, Hamamatsu Photonics, Bridgewater,  
190 NJ), a camera controller, an imaging box, an image processor (C5510-50, Hamamatsu), and a  
191 color monitor (PVM 1454Q, Hamamatsu). Light-emitting diodes are mounted inside the imaging  
192 box and supply the light required for obtaining dimensional imaging of the sample. Under  
193 photo counting mode, a clear image can be obtained even under extremely low-light levels by  
194 detecting and integrating individual photons one by one.

195 Prior to imaging, mice were anesthetized by I.P. injections of ketamine/xylazine cocktail.  
196 Mice were then placed on an adjustable stage in the specimen chamber, and the infected burns  
197 were positioned directly under the camera. A gray-scale background image of each wound was  
198 made, and this was followed by a photon count of the same region. This entire burn photon  
199 count was quantified as relative luminescence units (RLUs) and was displayed in a false color  
200 scale ranging from pink (most intense) to blue (least intense).

201

#### 202 **Blue light therapy of mouse burns infected with *P. aeruginosa***

203 Blue light was initiated at 30 min after bacterial inoculation with the irradiance of 14.6 mW/cm<sup>2</sup>.  
204 Mice were given a total light exposure of up to 55.8 J/cm<sup>2</sup> in aliquots with bioluminescence  
205 imaging taking place after each aliquot of light. To record the time course of the extent of  
206 bacterial infection, bacterial luminescence from mouse burns was measured daily after blue  
207 light therapy until the infections were cured (characterized by the disappearance of bacterial  
208 luminescence) or the burns healed.

209

#### 210 **TUNEL Assay**

211 Mouse skin was exposed to blue light at the antimicrobial dose of 55.8 J/cm<sup>2</sup>. Skin biopsies  
212 were taken before and at 0, 24, and 48 h after blue light exposure. The biopsies were preserved  
213 in 10% phosphate-buffered formalin (Fisher Sci., USA) for 18-24 h, processed, and then  
214 embedded in paraffin. Serial tissue sections of 4 μm thickness were subjected to TUNEL assay

215 using the FragEL DNA Fragmentation Detection Kit (EMD Millipore, MA, USA), according to the  
216 manufacturer's instructions. Briefly, following deparaffinization and rehydration, sections were  
217 permeabilized with proteinase K for 20 min and then incubate with reaction mixture containing  
218 terminal deoxynucleotidyl transferase (TdT) and fluorescein labeled and unlabeled  
219 deoxynucleotides for 2 h at room temperature, followed by washing with TBS, and coverslipped  
220 with mounting media including diamidino-2-phenylindole (DAPI) (SlowFade Gold anti-fade  
221 reagent, Invitrogen CA). Negative controls were treated by substituting dH<sub>2</sub>O for the TdT  
222 enzyme in the reaction mixture. Stained samples were observed by confocal microscopy  
223 (Fluoview FV1000-MPE, Olympus Corporation, Tokyo, Japan) by using FITC as the fluor and DAPI  
224 as nuclear counterstain and images were acquired using Olympus Fluoview FV10-ASW software,  
225 (Version 3.0a, Olympus Corporation, Tokyo, Japan).

226 Since penetration depth is less than 1 mm at blue light which is confined to epidermis (2), we  
227 only examined the epidermal cell DNA fragmentation by TUNEL staining.

228

### 229 **Statistical analyses**

230 The cell inactivation rates (slopes of the survival curves) were compared for statistical  
231 significance using a Student *t*-test. In a two-dimensional coordinate system, the area-under-the-  
232 bioluminescence curve (AUBC) data, which represent the time courses of bacterial  
233 luminescence of the mouse burns and also a common approach for the analysis of antimicrobial  
234 effect of drugs (18), were calculated using numerical integration (14). Difference in the AUBC

235 between the untreated control and the blue light treated groups was compared for statistical  
236 significance also using a Student *t* test. Kaplan-Meier survival curves were compared by the use  
237 of a log-rank test. *P* values of <0.05 were considered significant for all statistical analyses.

238

239 **Results**

240

241 **Blue light selectively inactivated *P. aeruginosa in vitro* over keratinocytes.**

242 The results for the blue light inactivation of *P. aeruginosa* and keratinocytes *in vitro* are shown  
243 in Fig. 2. The inactivation curves approximately followed the first-order kinetics (48), a linear  
244 relation between the log-transformed cell survival fraction  $\log_{10} (N/N_0)$  and blue light exposure  
245  $H$ , i.e.,

$$246 \quad \log_{10} \frac{N}{N_0} = -k_H H \quad (1)$$

247 where,  $N$  is the CFU count at the blue light exposure  $H$ ,  $N_0$  is the initial CFU count,  $k_H$  is the cell  
248 inactivation rate coefficient (or the slope of the inactivation curve) (39).

249

250 When 109.9 J/cm<sup>2</sup> blue light had been delivered (96 min illumination at the irradiance of 19.5  
251 mW/cm<sup>2</sup>), approximately 7.64-log<sub>10</sub>-cycle CFU inactivation of *P. aeruginosa* was achieved. In  
252 contrast, the inactivation rate for HaCaT was much slower than that for *P. aeruginosa* under the  
253 same blue light irradiation condition. When 109.9 J/cm<sup>2</sup> blue light had been delivered, only  
254 0.16-log<sub>10</sub>-cycle loss of viability of HaCaT cells was observed (Fig. 1), resulting in a 7.48-log<sub>10</sub>  
255 inactivation selectivity of *P. aeruginosa* cells over HaCaT cells. The mean inactivation rate  
256 coefficients ( $k_H$ ) of *P. aeruginosa* and HaCaT were 0.067 and 0.002 cm<sup>2</sup>/J, respectively,  
257 indicating an approximately 34-fold faster inactivation rate of *P. aeruginosa* by blue light than  
258 HaCaT cells ( $P= 0.0014$ ).

259 Transmission electron microscopy (Fig. 3) revealed apparent steps in blue light mediated  
260 inactivation of *P. aeruginosa*, beginning with the development of vacuoles within the cytoplasm  
261 (Fig. 3B), release of cytoplasmic material to the surrounding environment (Fig. 3C), and, finally,  
262 significant cytoplasmic disruption (Fig. 3D).

263

264 **Intracellular coproporphyrin III or/and uroporphyrin III were associated with the blue light**  
265 **inactivation of *P. aeruginosa*.**

266 The fluorescence spectrum (excitation at 405 nm) of the *P. aeruginosa* cells dissolved in  
267 NaOH/SDS is shown in Fig. 4. The spectrum peaked at 613 and 667 nm, which is very close to  
268 the typical fluorescence emissions of coproporphyrin III and uroporphyrin III at the same  
269 excitation of 405 nm (40), suggesting that coproporphyrin III or/and uroporphyrin III within the  
270 *P. aeruginosa* cells were the photosensitizing chromophores associated with the antimicrobial  
271 effect of blue light.

272

273 **Blue light rescued mice from otherwise lethal *P. aeruginosa* infection.**

274 Fig. 5A and B show the successive bioluminescence images of representative full thickness  
275 mouse burns (1.2-cm×1.2-cm) infected with  $3 \times 10^6$  CFU of luminescent *P. aeruginosa*, with and  
276 without blue light therapy, respectively. Blue light (415 nm) was delivered at 30 min after  
277 bacterial inoculation. Bacterial luminescence was completely eliminated after  $55.8 \text{ J/cm}^2$  blue  
278 light had been delivered (62 min illumination at the irradiance of  $14.6 \text{ mW/cm}^2$ ) (Fig. 5A), while

279 in the untreated mouse burn, infection steadily developed with the time (Fig. 5B) and the  
280 mouse died at 72 h (day 3) after bacterial inoculation. Luminescent *P. aeruginosa* was detected  
281 in the blood culture of the dead mouse, indicating that the mouse died of sepsis.

282 Fig. 5C shows the average reduction in bacterial luminescence from 11 mice each of  
283 which was exposed to blue light. The *in vivo* inactivation curve also approximately followed the  
284 first-order kinetics. After 55.8 J/cm<sup>2</sup> blue light had been delivered, an average of 3.5-log<sub>10</sub>-cycle  
285 of reduction of bacterial luminescence was achieved in a light dose dependent manner, with  
286 the bacterial inactivation rate coefficient  $k_H$  approximately 0.064 cm<sup>2</sup>/J.

287

288 Fig. 5D shows the time courses of the mean bacterial luminescence (RLU) from day 1 to day 3 of  
289 the blue light-treated mice ( $n=11$ ) and untreated ones ( $n=11$ ). The RLU values of the blue light  
290 treated group are significantly lower than those of the untreated group from day 1 to day 3  
291 ( $P=0.0008$  on day 1;  $P=6.11\times 10^{-5}$  on day 2;  $P=0.049$  on day 3). The AUBC of bioluminescence  
292 time course (from day 1 to day 2, i.e., the time period before most of the mortalities occurred)  
293 were  $(1.19\pm 2.57) \times 10^5$  and  $(8.91\pm 4.53) \times 10^6$  for blue light-treated mice and untreated mice,  
294 respectively ( $P<0.0001$ , Fig. 5E), indicating an approximately 100-fold reduction of AUBC  
295 resulted from blue light acute treatment (exposure?).

296

297 Overall, all mice ( $n=11$ ) survived after blue light acute treatment while only 18.2% (2 out of 11)  
298 mice survived without blue light acute treatment ( $P<0.0001$ , Fig. 5F). Most of the mortalities (6  
299 out of 9) occurred on day 3 (72 h) after bacterial inoculation.

300

301 **No significant and irreversible damages were observed in the mouse skin exposed to blue**  
302 **light at the effective antimicrobial dose.**

303

304 Fig. 6A shows hematoxylin and eosin stained histological sections of a representative mouse  
305 skin exposed to blue light at the dose of  $55.8 \text{ J/cm}^2$ . Immediately after the blue light exposure,  
306 swelling of nucleus of basal cells and slight edema in the upper of dermis were observed.  
307 However, at 48 h after blue light, the epithelium returned to its normal composition and the  
308 collagenous fibers were lined up in order in dermis.

309

310 Fig. 6B shows the representative results of TUNEL assay of mouse skin exposed to blue light. A  
311 blue light exposure of  $55.8 \text{ J/cm}^2$  led to almost no apoptotic cells in the epidermis immediately  
312 after blue light exposure (only one positive TUNEL was observed in the confocal image).  
313 Similarly, lack of positive- TUNEL epidermal cells after 24 or 48 h were observed (only one  
314 positive TUNEL was observed in each confocal image). These results demonstrated that blue  
315 light irradiation at the therapeutic antimicrobial dose is safe and no adverse effect in terms of  
316 DNA damage observed up to 48 h of post-blue light treatment.

317

318 **Discussion**

319 We report here for the first time an *in vivo* study demonstrating the efficacy of blue light for *P.*  
320 *aeruginosa* burn infection in mice. The study may serve as an initial effort in the pursuit of  
321 utilizing a novel therapeutic option, blue light therapy, for wound infections, especially those  
322 caused by multi-drug-resistant bacteria. Thus, the first and most important impact is through  
323 opening a new area of study on a different therapeutic regimen for wound infections.

324

325 It was found in the *in vitro* study that *P. aeruginosa* was much more susceptible to blue light  
326 inactivation than were HaCaT cells. As a result, there exists a therapeutic window where *P.*  
327 *aeruginosa* can be selectively inactivated by blue light while the host tissue cells can be  
328 preserved.

329

330 We found from the *in vivo* study that blue light at 415 nm wavelength, when applied at 30 min  
331 after bacterial inoculation, effectively reduced the *P. aeruginosa* burden in mouse burns and  
332 prevented otherwise lethal bacteremia in mice. As the *P. aeruginosa* strain we used was lethal  
333 to mice. If without treatment, the bacteria can invade deep into the mouse tissue and,  
334 subsequently, the blood stream within hours, and cause bacteremia and mortality of the  
335 animals. Therefore, we initiated blue light therapy very soon (at 30 min) after bacterial  
336 inoculation. Histological analysis and TUNEL assay revealed no significant and reversible  
337 damages in the mouse skin exposed to blue light at the effective antimicrobial dose.

338

339 An interesting finding of the present study is the equal susceptibilities of *P. aeruginosa* cells to  
340 blue light inactivation *in vitro* and *in vivo*. The bacterial inactivation rate coefficients were 0.067  
341 and 0.064 cm<sup>2</sup>/J for *in vitro* and *in vivo*, respectively. In our previously studies on the  
342 antimicrobial PDT for wound infections (5, 12, 35), we observed that, to achieve an equivalent  
343 amount of inactivation of microorganisms, orders of magnitude higher light exposures (also  
344 higher doses of photosensitizers) were required for *in vivo* than *in vitro*. One possible major  
345 factor responsible for this phenomenon is that the host tissue and cells compete with the  
346 microorganisms for binding the exogenous photosensitizer, resulting in a reduced efficacy of *in*  
347 *vivo* microorganism inactivation where the microorganisms are embedded in tissue. On the  
348 contrary, it is suggested that blue light inactivation of bacteria is through the photo excitation  
349 of naturally occurring porphyrins within the bacterial cells, which act as endogenous  
350 photosensitizers. Therefore, the competition from surrounding host tissue and cells for binding  
351 photosensitizers does not exist. One more advantage of antimicrobial blue light therapy is the  
352 highly selective inactivation of bacterial cells over mammalian cells, because blue light targets  
353 the photosensitizing porphyrins only within the bacterial cells, while mammalian cells (in the  
354 absence of porphyria or added 5-aminolevulanic acid) do not contain free porphyrins.

355

356 We also investigated the mechanism of blue light inactivation of *P. aeruginosa*. TEM images  
357 showed that blue light mediated damages to *P. aeruginosa* cells started from the development  
358 of vacuoles within the cytoplasm, implying that the damage was associated with the

359 intracellular chromophores excited by blue light. By using fluorescence spectroscopy, we  
360 observed that the emission maxima of the *P. aeruginosa* pellets dissolved in NaOH/SDS were  
361 613 nm and 667 nm at the excitation of 405 nm. This emission spectrum is very close to those  
362 of uroporphyrin III (emission maxima 618 nm and 670 nm) and coproporphyrin III (emission  
363 maxima 615 nm and 674 nm) (40). Therefore, it is likely that the photosensitizing porphyrins  
364 within *P. aeruginosa* cells are uroporphyrin III or coproporphyrin III, or both uroporphyrin III  
365 and coproporphyrin III exist within *P. aeruginosa* cells. To further identify and quantify the  
366 intracellular porphyrins, future studies are warranted by using techniques such as high-  
367 performance liquid chromatography (HPLC) or capillary electrophoresis together with authentic  
368 porphyrin standards (22)

369

370 As we stated earlier, we understand that there remain many questions unanswered. One more  
371 question that will have to be addressed in the future study is “Can bacterial cells develop  
372 resistance to blue light inactivation?” To our knowledge this question has not yet been  
373 experimentally addressed. The possible development of bacterial resistance to PDT has been  
374 studied. After repeated cycles of partial inactivation followed by regrowth, different bacterial  
375 species failed to develop resistance to PDT after 10 (41) or even 20 cycles (19). It is commonly  
376 accepted that PDT acts at multiple sites within bacterial cells (structural proteins, enzymes,  
377 nucleic acids, unsaturated lipids etc) (45), and, therefore, would offer less potential for the  
378 development of bacterial resistance than conventional antibiotics, which are usually single-  
379 target specific. As the mechanism of antimicrobial effect of blue light is suggested to be similar

380 to that of PDT, one can expect that the potential of bacterial resistance development to blue  
381 light is also less than that of conventional antibiotics. However, at the very least it will be  
382 necessary to repeatedly deliver sub-eradication doses of blue light to susceptible cultures with  
383 regrowth between cycles to investigate whether resistant clones can be selected, or mutants  
384 with lower accumulation of porphyrins or increased blue light damage repairing enzymes can  
385 be produced.

386

387 In addition, more studies are also warranted to deepen the understanding of the approach of  
388 blue light therapy, for example, the comparison of the susceptibilities to blue light inactivation  
389 *in vitro* between pathogenic bacteria and host cells, including not only keratinocytes, but also  
390 fibroblast, endothelial cell, macrophage, and muscle cells; evaluation of the effects of blue light  
391 on the phagocytosis and ROS production of macrophage *in vitro*; determination of whether the  
392 wound pathogenic bacteria can develop resistance to blue light by repeated cycles of sub-total  
393 killing and re-growth *in vitro*; identification of the maximum safe exposure of mice to blue light  
394 in this model.

395

396

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403

404 **Author Contributions**

405

406 Conceived and designed the experiments: TD AG YH CKM MSV GPT, MRH. Performed the

407 experiments: TD AG YH MS. Analyzed the data: TD AG YH MRH. Wrote the paper: TD AG MRH.

408

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536 **Figure legends**

537

538 **Fig. 1** Emission spectrum of Omnilux™ blue LED.

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541 **Fig. 2** Dose response of blue light inactivation of *P. aeruginosa* and keratinocytes *in vitro*.

542

543

544 **Fig. 3** Transmission electron microscopy of *P. aeruginosa* cells. (A) Untreated *P. aeruginosa*  
545 cells; Bar= 100 nm. (B)-(D) *P. aeruginosa* cells after being exposed to 109.9 J/cm<sup>2</sup> blue light: (B)  
546 Development of vacuoles within the cytoplasm; Bar=100 nm. (C) Release of cytoplasmic  
547 material to the surrounding environment; Bar=500 nm. (D) Complete disappearance of  
548 cytoplasm; Bar=100 nm.

549 **Fig. 4** Fluorescence spectrum of *P. aeruginosa* cell pellets from overnight culture dissolved in  
550 NaOH/SDS. Excitation wavelength 405 nm.

551 **Fig. 5** (A)-(B) Successive bacterial luminescence images of representative mouse burns  
552 infected with 3×10<sup>6</sup> CFU of luminescent *P. aeruginosa*, with and without blue light (415 nm)  
553 prophylaxis, respectively. Blue light was delivered at 30 min after bacterial inoculation. (C) Dose  
554 response of mean bacterial luminescence of mouse burns infected with 3×10<sup>6</sup> CFU of *P.*  
555 *aeruginosa* and exposed to blue light (415 nm) at 30 min after bacterial inoculation (*n*=11). Bars:  
556 standard deviation. (D) Time courses of mean bacterial luminescence of the infected skin  
557 abrasions with (*n*=11) and without blue light exposure (*n*=11 at day 1 and day 2, *n*= 4 at day 3),  
558 respectively. Bars: standard deviation. RLU values of blue light group vs. RLU values of  
559 untreated groups: day 1, *P*=0.0008; day 2, *P*=6.11×10<sup>-5</sup>; day 3, *P*=0.049. (E) Mean areas under  
560 the bioluminescence versus time curves (from day 1 to day 2 in the two-dimensional coordinate  
561 system in panel D), representing the overall bacterial burden of mouse wounds. Bars: standard  
562 deviation. (F) Kaplan-Meier survival curves of blue light treated mouse burns (*n*=11) and  
563 untreated mouse burns (*n*=11) (*P*<0.0001).

564 **Fig. 6** (A) Hematoxylin and eosin stained histological sections of skin samples from a  
565 representative mouse exposed to blue light at a dose of  $55.8 \text{ J/cm}^2$ . Skin samples were taken  
566 before blue light, 0 h, 24 h, and 48 h after blue light exposure, respectively. BAR:  $200 \mu\text{m}$ . (B)  
567 TUNEL analyses of DNA damage in the same mouse skin showing in panel (A) (100X). Skin  
568 samples were taken before blue light, 0 h, 24 h, and 48 h after blue light exposure, respectively.  
569 Immunofluorescence of fluorescein and DAPI are represented by green and blue pseudo-color  
570 respectively. DAPI is used for nuclear counter stain. Arrows: positive -TUNEL cells.

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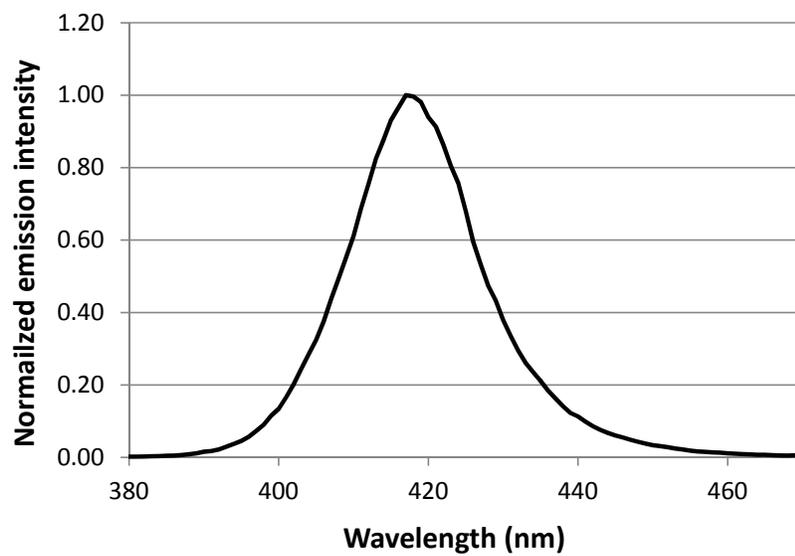
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Figure 1

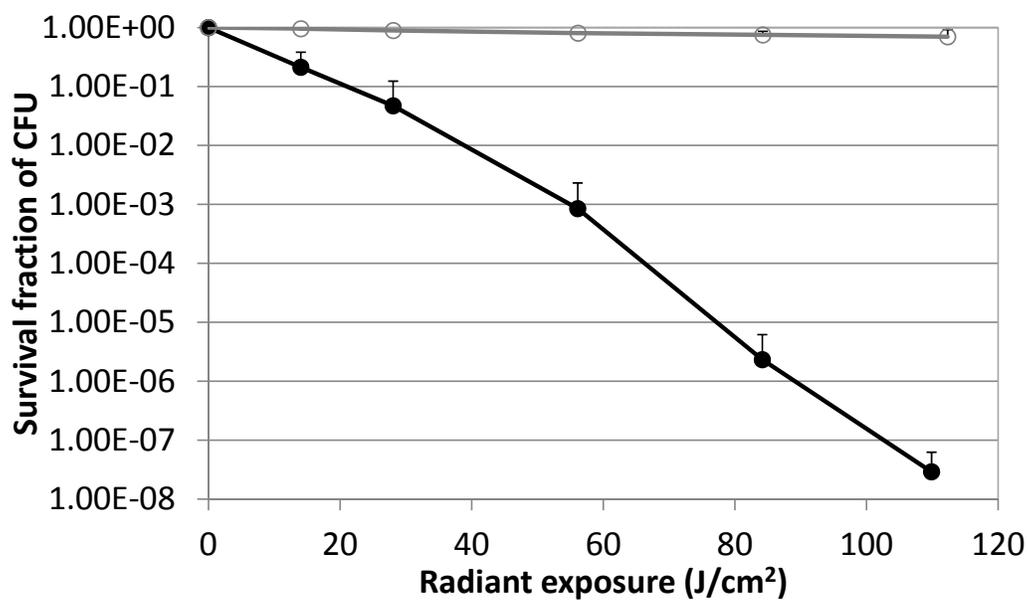


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Figure 2

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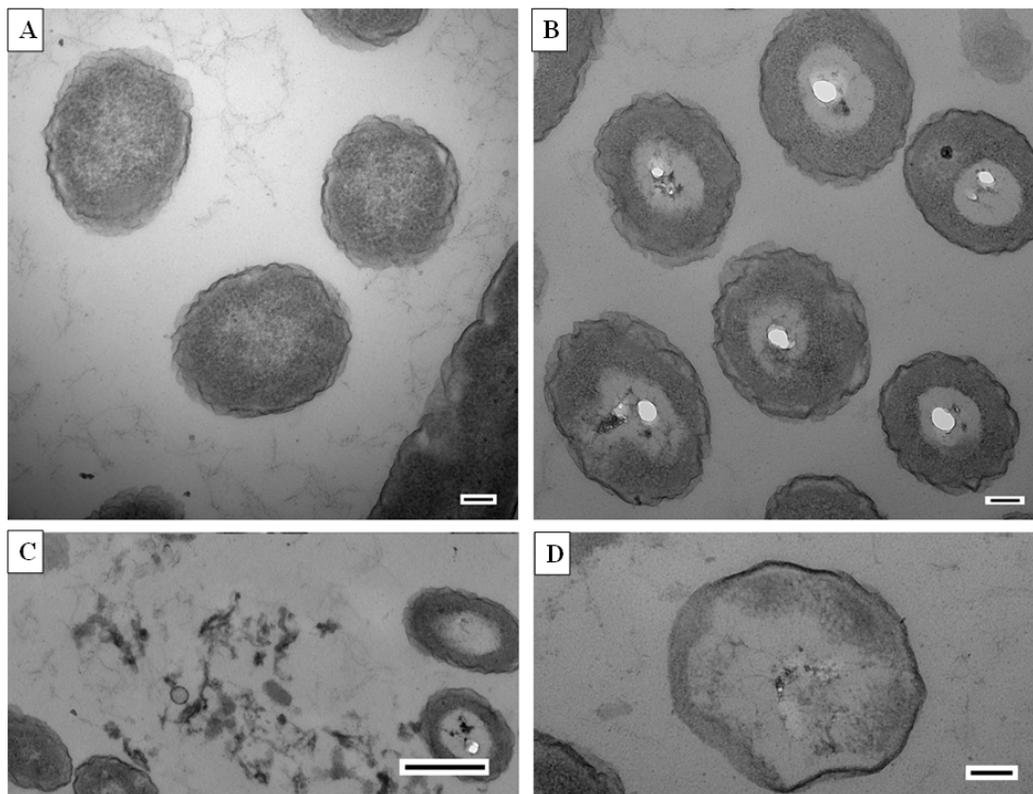
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Figure 3

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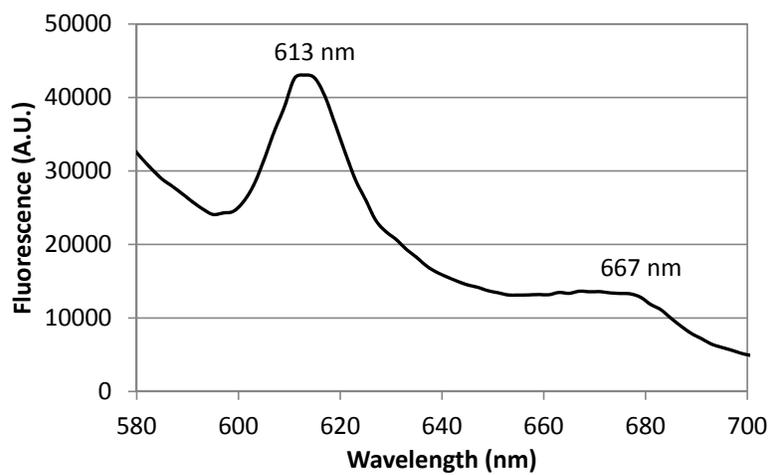
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Figure 4

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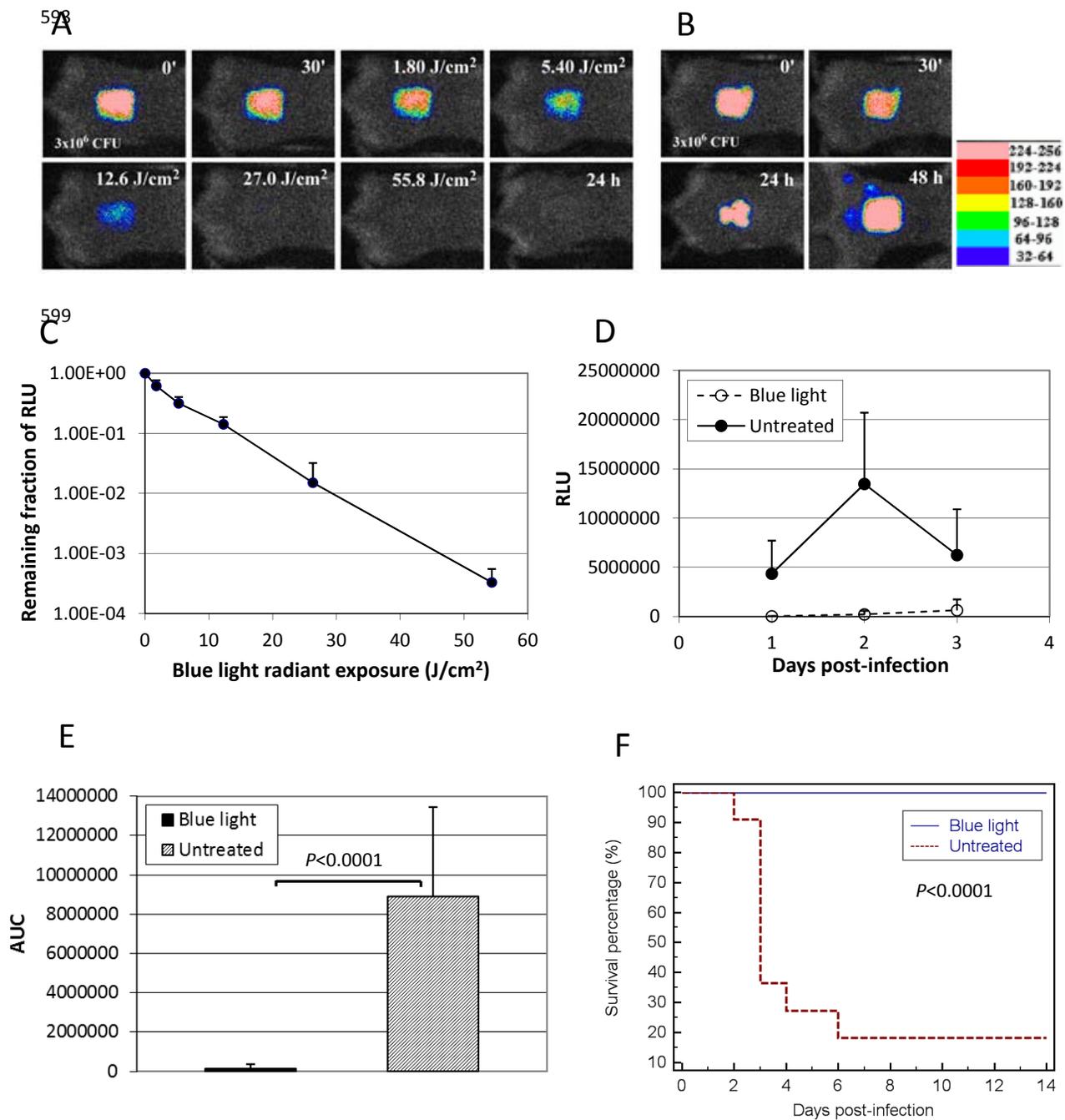
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Figure 5



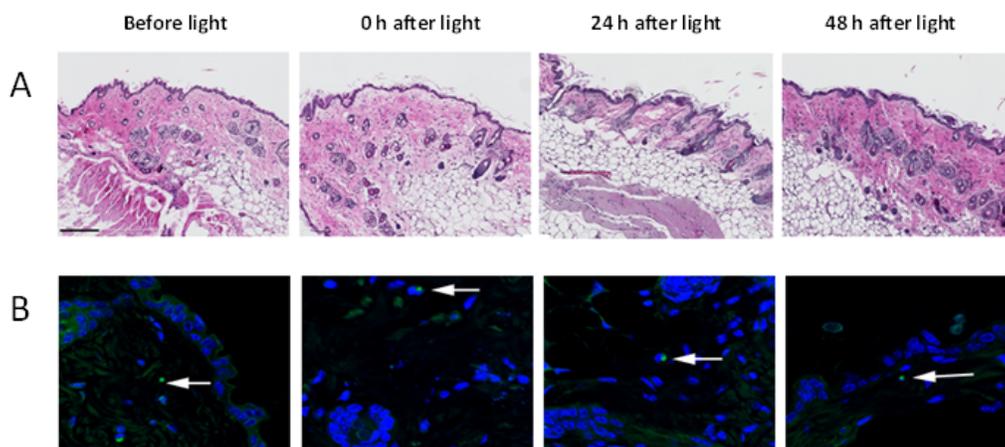
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Figure 6

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